Participants needed for stress reduction technology study!

The UF department of Psychiatry is seeking participants ages 18-72 for study of a new device designed to aid relaxation and stress reduction. The study involves:

- A short survey on your stress experience
- Non-invasive stress and brain activity sensors
- Saliva sample collection
- Short breathing and attention exercises
- A new consumer stress reduction device/app
- Roughly 40 minutes of your time

For more information, contact:
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